



**PRESS RELEASE CARDIOPROGRESS FOUNDATION**

**Results of the  
XII Anniversary International Forum of Cardiology and Internal Medicine  
March 21-23, 2023  
Moscow (online)**

From March 21 to March 23, 2023, the annual **XII International Forum of Cardiology and Internal Medicine** was held. The forum has been held since 2011, in the last three years due to the epidemiological situation online. The new format provides additional opportunities, including greater coverage of participants from the regions of Russia and the CIS countries.

At the solemn opening of the Forum, the President of the Cardioprogress Foundation, Professor Mekhman N Mamedov spoke about the history of the creation of the Forum and the ways of its development over the course of 12 years. In general, the Cardioprogress Foundation annually holds 8 scientific events on cardiology, therapy and chronic non-communicable diseases of international, federal and regional significance. Along with this, a quarterly peer-reviewed edition of the International Heart and Vascular Diseases Journal is published in Russian and English.

According to the analysis of the Scientific Committee, in 2023, 86 applications for oral presentations and lectures were received from various cities of Russia and the CIS countries. The final scientific program included 62 reports from 21 cities of the Russian Federation and 4 CIS countries. The program is academic and independent, as the organizers give preference to the developments of domestic and foreign clinicians and researchers. This is an incentive for the development of clinical science in the regions and countries of the CIS.

The scientific program consists of 12 symposiums, including: a plenary session, a round table, 6 symposiums of regional medical schools, 3 joint symposiums with the CIS countries, and 3 thematic symposiums. 8 symposiums were devoted to cardiovascular diseases, and 4 symposiums covered topical issues of other somatic diseases. This year, experts from Belarus, Kazakhstan, Uzbekistan, and Kyrgyzstan made presentations. The main part of the program was made up of current topics in cardiology and somatic diseases, including such as: systemic atherosclerosis, coronary syndrome, coronary artery disease, the use of high technologies, cardio-oncology, chronic obstructive pulmonary disease, connective tissue dysplasia, diseases of the gastrointestinal tract, nephrology, cognitive impairment and family medicine. By decision of

the Scientific Committee, recordings of reports will be posted on the website of the Cardioprogress Foundation and available for viewing for 365 days.

Traditionally, a collection of scientific papers was published within the framework of the forum. This year it includes 87 abstracts from 32 universities and research institutes in Russia and 5 CIS countries. The papers were reviewed by three reputable independent experts and were highly appreciated. The publication is in the public domain on the official website of the Foundation. Links for citations and reporting are provided on the second page of the collection of scientific papers.

In total, 957 doctors of various specialties were registered during the 3 days of the conference, of which 692 participants watched it online and 265 in the recording. Doctors from 18 countries and 128 cities joined the Forum (85% from Russia and 15% from other countries). In particular, 371 participants were registered on March 21 (261 online and 110 on record), 278 participants were registered on March 22 (197 online and 80 on record) and 310 participants were registered on March 23 (234 online and 76 on record).

The organizers hope that the Forum will provide an opportunity to systematize and acquire new knowledge in the field of treatment and prevention of diseases of internal organs, which will improve clinical efficiency in everyday work.

Information support was provided by leading cardiological journals, specialized Internet resources and all-Russian social networks.

The next XIII International Forum of Cardiologists and Therapists will be held in March 2024 in Moscow. Detailed information about the forum and other scientific events is available on the official website of the Cardioprogress Foundation: [www.cardioprogress.ru](http://www.cardioprogress.ru).