



**Report on the results of the
X Anniversary International Forum of Cardiology and Internal Medicine
March 23-25, 2021
Moscow (online)**

From 23 to 25 March 2021, the annual International Forum of Cardiology and Internal Medicine was held. The forum has been held since 2011, and this year it was the 10th one. Due to the situation with coronavirus infection and restrictions, the event was held online. Thus, new opportunities have opened up for us to present new scientific data in cardiology.

At the opening ceremony of the Forum, the President of the Cardioprogress Foundation, professor Mekhman N Mamedov spoke about the history of the creation of the Forum and the ways of its development over the course of 10 years. The main goals and objectives of the event were presented.

More than 700 doctors of various therapeutic specialties, researchers and clinical residents from 40 cities and regions of Russia, as well as 6 CIS countries took part in the forum. On the first day, 480 participants were registered, on the second day 530 and on the third day 360 participants.

The scientific program included 14 symposia, schools, clinical analyzes and lectures with the participation of 76 lecturers and experts. About 70% of the program consisted of reports from scientists and experts from different regions of Russia and the CIS countries. The high academic level of the scientific program is also evidenced by the fact that 98% of the speakers stated that there was no conflict of interest.

The main part of the program was made up of current topics of cardiology and somatic diseases, including systemic atherosclerosis, coronary syndrome, coronary artery disease, high technology, cardio-oncology, chronic obstructive pulmonary disease, connective tissue dysplasia, gastrointestinal tract diseases, cognitive impairment and dementia.

In the plenary session, 4 reports were presented: the results of an international study on the clinical status of patients with somatic diseases in quarantine / self-isolation, dementia problems, prevention and rehabilitation of people with connective tissue dysplasia and modern recommendations for laboratory diagnostics of lipid metabolism.

It is noteworthy that in the format of an international round table, representatives of 4 countries of the Eurasian Economic Community discussed a wide range of issues on somatic diseases.

Informational support was provided by leading cardiology journals, specialized Internet resources and all-Russian social networks.

Registration and participation in the Forum were carried out without payment. All registered participants were issued certificates.

A collection of abstracts was published for the forum, which included 90 papers in various areas of cardiology and therapy. It is published as an appendix of the International Heart and Vascular Diseases Journal and is available for download on the websites of the Cardioprogress Foundation and the International Heart and Vascular Diseases Journal.

Recordings of reports will be available on the website of the Cardioprogress Foundation for 365 days. Technical support was organized by the Russian company Esko Pharma.

Detailed information about the Forum is presented on the official website of the Cardioprogress Foundation www.cardioprogress.ru.

The organizers hope that the participation of doctors in the Forum will make it possible to systematize and acquire new knowledge in the field of treatment and prevention of cardiovascular and other diseases of internal organs, which will increase the efficiency of their daily work.

The next XI International Forum of Cardiology and Internal Medicine will be held in March 2022 in Moscow.