

1. **Abukova Alena Khusenovna** - cardiologist, assistant of the Department of Faculty Therapy of the Medical Academy of KBSU.

*Topic of the report:* The role of body composition analysis in risk modification in overweight individuals.

The report is devoted to the importance of body composition analysis in assessing the risk of obesity and correction strategies. No conflict of interest is declared.

2. **Akkaeva Magira Rasulovna** - physician and ultrasound specialist, assistant of the Department of Faculty Therapy of the Medical Academy of KBSU.

*Topic of the report:* Prognostic characteristics of cardiometabolic risks.

The report is devoted to predicting cardiometabolic risks in patients with cardiovascular diseases. Conflict of interest not declared

3. **Apartseva Natalia Evgenievna** - Junior Researcher, Laboratory of Genetic and Environmental Determinants of the Human Life Cycle, Research Institute of Therapy and Preventive Medicine, Branch of the Federal Research Center Institute of Cytology and Genetics, Siberian Branch of the Russian Academy of Sciences.

**Tsygankova Oksana Vasilievna** - MD, Professor, Senior Researcher, Laboratory of Clinical Biochemical and Hormonal Studies of Therapeutic Diseases, Research Institute of Therapy and Preventive Medicine, Branch of the Federal Research Center Institute of Cytology and Genetics, Siberian Branch of the Russian Academy of Sciences.

**Latyntseva Lyudmila Dmitrievna** - MD, PhD, Senior Researcher, Laboratory of Emergency Therapy, Research Institute of Therapy and Preventive Medicine, Branch of the Federal Research Center Institute of Cytology and Genetics, Siberian Branch of the Russian Academy of Sciences.

*Topic of the report:* Effect of metformin XR on structural and functional parameters of cardiovascular remodeling in patients with chronic heart failure with prediabetes and abdominal obesity.

The report will present the results of the PredMet clinical study on the effects of metformin XR for 12 months on the parameters of left ventricular remodeling in patients with CHF with preserved ejection fraction with prediabetes and abdominal obesity. The features of the use of natriuretic peptides in the diagnosis of CHF with preserved ejection fraction are presented. Conflict of interest is not declared.

4. **Bogatyreva Makka Magomet-Bashirovna** – MD, PhD, Associate Professor of Hospital Therapy, Ingush State University.

*Topic of the report:* Arterial hypertension during pregnancy: diagnostics, target blood pressure, main approaches to therapy.

The report presents current data on the prevalence, diagnosis and treatment of hypertensive disorders during pregnancy. The issues of stratification and prediction of the risk of preeclampsia using modern laboratory and instrumental examination methods are discussed. Much attention is paid to improving outcomes and preventing complications for the mother and fetus by optimizing blood pressure during pregnancy. No conflict of interest is declared.

**5. Laura Zelimkhanovna Bolieva** - MD, Professor, Head of the Department of Pharmacology with Clinical Pharmacology, FSBEI HE SOGMA, Ministry of Health of the Russian Federation.

*Topic of the report:* The problem of comorbidity in patients with bronchial asthma.

**6. Inna Anatolyevna Viktorova** - MD, Associate Professor, Head of the Department of Internal Medicine and Family Medicine, FSBEI HE Omsk State Medical University, Ministry of Health of the Russian Federation, Omsk.

*Topic of the report:* From undifferentiated CTD to a specific syndrome.

The report is devoted to the most important and difficult aspect of patient management - diagnostics and differential diagnostics in a group of patients with multiple manifestations of connective tissue dysmorphogenesis. The emphasis will be placed on the necessary alertness of doctors regarding the presence of monogenic CTD syndromes, practical issues of the possibilities of clinical / molecular genetic diagnostics will be discussed.

**7. Daurova Madina Daurbekovna** - PhD, Associate Professor of the Department of Pharmacology with Clinical Pharmacology of the Federal State Budgetary Educational Institution of Higher Education Samara State Medical Academy of the Ministry of Health of the Russian Federation.

*Topic of the report:* Obstructive sleep apnea syndrome in the practice of a therapist.

**8. Dedov Dmitry Vasilievich** - MD, PhD, Associate Professor, Professor of the Department of Life Safety of the Federal State Budgetary Educational Institution of Higher Education "Tver State Medical University" of the Ministry of Health of the Russian Federation, cardiologist of the State Budgetary Healthcare Institution of the Tver Region "Regional Clinical Cardiology Dispensary", Tver.

*Topic of the report:* Atrial fibrillation in patients with arterial hypertension: clinical and prognostic significance of data from a comprehensive clinical and instrumental examination (according to modern Russian and international studies).

**9. Dzhanibekova Asiyat Ramazanovna** - MD, PhD, Associate Professor of the Department of Internal Medicine of the Federal State Budgetary Educational Institution of Higher Education "SKGA" MI.

*Topic of the report:* Modern strategy for managing a patient with hypertension, what Russian and European clinical guidelines tell us.

**10. Druk Inna Viktorovna** – MD, PhD, Associate Professor, Head of the Department of Internal Medicine and Family Medicine, FSBEI HE Omsk State Medical University, Ministry of Health of the Russian Federation, Omsk.

**Smyalovsky Vadim Eduardovich** – MD, PhD, Associate Professor, Neurologist, Deputy Chief Physician for Medical Affairs, Clinical Diagnostic Center, Omsk.

**Kuznetsova Maria Alekseevna** – Neurologist, Clinical Diagnostic Center, Omsk

*Topic of the report:* Pain syndromes in connective tissue dysplasia.

The report is devoted to the clinical manifestations of undifferentiated connective tissue dysplasia in terms of pain syndromes in various organs and systems. The general principles of the diagnostic approach to a patient with CTD will be discussed, the semiotics of pain (abdominal, musculoskeletal and joint, headache) will be discussed, and an emphasis will be placed on the "red flags" of headache in young patients. It was discussed that somatoform disorders in this group of patients should be a diagnosis of exclusion.

**11. Zhurtova Inessa Borisovna** - MD, Professor of the Department of Faculty Therapy of the Medical Academy of KBSU.

*Topic of the report:* A modern view on obesity: from epidemiology to treatment.

**12. Zaglieva Salimat Sazhidovna** - MD, PhD, Associate Professor of the Department of Hospital Therapy of the Dagestan State Medical University of the Ministry of Health of the Russian Federation, Makhachkala.

*Topic of the report:* Difficulties in managing a pregnant woman with supraventricular arrhythmia.

The report is devoted to one of the complex problems of cardiology, heart rhythm disturbances in pregnant women. Pregnancy is a condition that aggravates the course of arrhythmias and can also be the cause of new rhythm disturbances. The report presents rhythm disturbances that are most common in pregnant women. Approaches to treatment taking into account pregnancy. No conflict of interest declared.

**13. Zakhidova Kamalya Khalid kyzy** - PhD, Associate Professor of the Department of Cardiology of the Azerbaijan State Medical University named after A. Aliyev, Baku, Azerbaijan.

*Topic of the report:* Anemic syndrome in CHF: unresolved issues of an old problem.

**14. Zobova Natalya Sergeevna** - PhD, Associate Professor of the Department of Hospital Therapy of the Federal State Budgetary Educational Institution of Higher Education "Dagestan State Medical University" of the Ministry of Health of the Russian Federation.

*Topic of the report:* A case of late diagnosis of gluten enteropathy.

**15. Ibragimova Khanicha Ibragimovna** — MD, PhD, Assistant Professor, Department of Hospital Therapy, Federal State Budgetary Educational Institution of Higher Education, Dagestan State Medical University, Ministry of Healthcare of the Russian Federation.

*Report topic:* Peripheral joint damage in psoriatic spondylitis: diagnostic algorithm and modern approaches to treatment.

The report is devoted to the diagnosis and treatment of psoriatic spondylitis. A clinical case of peripheral joint damage in a patient with spondyloarthritis is presented. No conflict of interest is declared.

**16. Kasayeva Elvira Akhmedovna** — MD, PhD, Assistant Professor, Department of Hospital Therapy, Federal State Budgetary Educational Institution of Higher Education, Dagestan State Medical University, Ministry of Healthcare of the Russian Federation.

*Report topic:* Everything new is well forgotten old. Dumping syndrome.

The report is devoted to such a topical issue as the disease of the operated stomach. Management of a patient diagnosed with Dumping syndrome. Current guidelines for the management of this category of patients. No conflict of interest declared.

**17. Kibisheva Alina Yuryevna** - Assistant of the Department of Internal Medicine Propaedeutics of the Medical Academy of KBSU.

*Topic of the report:* Acute kidney injury in real clinical practice.

The report is devoted to current approaches to the diagnosis and treatment of acute kidney injury. No conflict of interest declared.

**18. Konyshko Natalya Aleksandrovna** - MD, PhD, Associate Professor, Associate Professor of the Department of General Medical Practice of the Institute of Professional Education of the Federal Autonomous Educational Institution of Higher Education, First Moscow State Medical University named after I.M. Sechenov, Ministry of Healthcare of the Russian Federation.

*Topic of the report:* Infectious factors in atopic dermatitis: a general practitioner's view.

**19. Kuznetsov Andrey Aleksandrovich** – MD, PhD, cardiologist, Department of RCMDL, Russian Scientific Center of Roentgenology and Radiology, Ministry of Health of the Russian Federation.

**Mal Galina Sergeevna** - MD, Professor, Head of the Department of Pharmacology, Kursk State Medical University, Ministry of Health of the Russian Federation.

*Topic of the report:* Prevalence of hyperlipoproteinemia (a) in patients with coronary heart disease.

**20. Kurdanova Maryam Khuseynovna** - MD, Associate Professor, Department of Faculty Therapy, Medical Academy, KBSU.

*Topic of the report:* Comprehensive assessment of endothelial dysfunction and dyslipoproteinemia in coronary heart disease combined with arterial hypertension.

The report is devoted to the influence of endothelial dysfunction and lipid disorders on the course of cardiovascular diseases. No conflict of interest declared.

**21. Likhanskaya Irina Mikhailovna** - cardiologist of the women's consultation #4, Krasnoyarsk.

**Nikulina Svetlana Yuryevna** - professor, MD, head of the department of faculty therapy of the Krasnoyarsk State Medical University.

*Topic of the report:* Features of arterial hypertension in pregnant women with obesity.

**22. Loginova Ekaterina Nikolaevna** - PhD, associate professor, associate professor of the department of internal diseases and family medicine of the FSBEI HE Omsk State Medical University of the Ministry of Health of the Russian Federation, Omsk.

**Nechaeva Galina Ivanovna** - MD, professor, professor of the department of internal diseases and family medicine of the FSBEI HE Omsk State Medical University of the Ministry of Health of the Russian Federation, Omsk.

*Topic of the report:* Features of structural and functional changes in the myocardium in young patients with undifferentiated connective tissue dysplasia.

The report is devoted to the assessment of longitudinal systolic strain in patients with ventricular extrasystole against the background of undifferentiated connective tissue dysplasia (UCTD). Particular attention will be paid to the relationship between the phenotypic manifestations of UCTD and a local (segmental) decrease in longitudinal deformation of the left ventricular myocardium. No conflict of interest is declared.

**23. Elena Aleksandrovna Lyalyukova** - MD, PhD, Associate Professor, Professor of the Department of Internal Medicine and Family Medicine of the Omsk State Medical University of the Ministry of Health of the Russian Federation, Omsk.

*Topic of the report:* Connective tissue dysplasia: gastrointestinal manifestations.

The report is devoted to dysplastic-dependent changes in the gastrointestinal tract, associated conditions and diseases. Features of clinical manifestations and treatment tactics for patients with gastrointestinal manifestations of CTD will be presented.

**24. Mammaev Suleiman Nurattinovich** - MD, Professor, Department of Hospital Therapy, FSBEI HE DGMU, Ministry of Health of the Russian Federation, Chairman of the Dagestan Regional Branch of the Russian Scientific Medical Society of Therapists, Chief Specialist - Therapist, Gastroenterologist, Ministry of Health of the Russian Federation for the North Caucasus Federal District, Member of the Presidium of the RNMOTH.

*Topic of the report:* Organization of vaccination against influenza and pneumococcal infection in the practice of an outpatient physician in the North Caucasus Federal District.

The report will cover the issues of organizing vaccination against influenza and pneumococcal infection and the role of primary care physicians in implementing the regional calendar of preventive vaccinations in the North Caucasus Federal District. No conflict of interest declared.

**25. Mamedov Mekhman Niyazi oglu** - MD, Professor, Head of the Department of Secondary Prevention of NCDs, National Medical Research Center for Therapy and Preventive Medicine, Ministry of Health of the Russian Federation, Moscow.

*Topic of the report:* New "forgotten" direction in cardio-oncology: management of common risk factors.

**26. Mehmet Fatih Ucar** - Professor Department of Intensive Cardiology at Florence Healthcare Clinic, Istanbul, Turkey.

*Topic of the report:* Atrial fibrillation ablation in patients with paroxysmal atrial fibrillation.

In this presentation, atrial fibrillation. I will talk about which patients ablation is a good option for, what form of treatment is carried out, success rates, complications.

27. **Nikulina Svetlana Yuryevna** - Professor, MD, Head of the Department of Faculty Therapy at Krasnoyarsk State Medical University.

*Topic of the report:* Principles of atrial fibrillation treatment.

28. **Ovsyannikova Alevtina Ivanovna** - MD, PhD, Associate Professor of the Department of Pharmacology with Clinical Pharmacology of the Federal State Budgetary Educational Institution of Higher Education Sverdlovsk State Medical Academy of the Ministry of Health of the Russian Federation, Head of the Laboratory of the Clinical Diagnostic Laboratory of Dzagurova G.K.

*Presentation Topic:* Current Issues in Laboratory Diagnostics of the New Coronavirus Infection COVID-19.

29. **Piartova Zarina Mukhamedovna** - General Practitioner, Assistant of the Department of Virtual Simulation and Information Technologies of the Medical Academy of KBSU.

*Presentation Topic:* The Many Faces of Dyspepsia: A Therapist's View.

The report is devoted to the diagnosis and treatment of various forms of dyspepsia. No conflict of interest declared.

30. **Povetkin Sergey Vladimirovich** - MD, Professor, Head of the Department of Clinical Pharmacology of the Federal State Budgetary Educational Institution of Higher Education Kursk State Medical University of the Ministry of Health of the Russian Federation.

*Topic of the report:* Modern technologies of management of elderly and senile patients with heart failure.

The report is devoted to modern principles of management of patients with heart failure. Approaches to tactics and strategy of management of elderly and senile patients with heart failure are presented; principles of personalized effective therapy of the specified contingent of patients are discussed. Conflict of interest is not declared.

31. **Potievskaya Vera Isaakovna** - MD, PhD, Head of the Cardio-Oncology Research Group, Head of the Cardiology and Medical Rehabilitation Department of the P.A. Herzen Moscow Oncology Research Institute, a branch of the National Medical Research Center of Radiology of the Russian Ministry of Health, Professor of the Cardiology Department of the Academy of Postgraduate Education of the Federal Medical and Biological Agency of Russia.

*Report Topic:* Prevention and Treatment of Atrial Fibrillation in Cancer Patients.

The report is devoted to the problem of atrial fibrillation in cancer patients, including the relationship between cancer and heart rhythm disturbances. The report presents the basic principles of treatment and prevention of atrial fibrillation in cancer patients, the specifics of choosing an antiarrhythmic therapy strategy, as well as the problems of anticoagulant therapy in this group of patients. No conflict of interest declared.

**32. Taova Madina Khazeshevna** - PhD, Associate Professor of the Department of Faculty Therapy of the Medical Academy of the Kabardino-Balkarian State University.

*Topic of the report:* Modern approaches to the therapy of Takayasu arteritis.

The report is devoted to modern principles of managing patients with Takayasu arteritis, the choice of therapy for resistant forms of vasculitis. Approaches to the tactics and strategy of managing patients with different rates of progression of Takayasu arteritis are presented. Conflict of interest is not declared.

**33. Umetov Murat Anatolyevich** - Head of the Department of Faculty Therapy of the Medical Academy of the Kabardino-Balkarian State University, Doctor of Medical Sciences, Professor, Chairman of the Kabardino-Balkarian Institute of Medical and Orthopaedic Surgery, Chief Clinical Pharmacologist of the Ministry of Health of the Kabardino-Balkarian Republic.

*Topic of the report:* Assessment of cardiovascular risk: how to recognize the danger.

The report is devoted to methods of assessing and managing cardiovascular risks. Conflict of interest is not declared.

**34. Urusbieva Dzhanneta Magometovna** – PhD, Associate Professor of the Department of Faculty Therapy of the Medical Academy of KBSU, Clinical Pharmacologist

*Topic of the report:* Original drug or generic: advice from a clinical pharmacologist to a therapist.

The report is devoted to the comparison of original drugs and generics in therapy. No conflict of interest declared.

**35. Fedorets Viktor Nikolaevich** - MD, Professor of the Department of Hospital Therapy with the Endocrinology Course of the St. Petersburg State Pediatric Medical University.

*Topic of the report:* CHF new horizons of patient management.

**36. Khakuasheva Inara Aslanovna** - cardiologist, assistant of the Department of Faculty Therapy of the Medical Academy of KBSU.

*Topic of the report:* Efficiency of complex drug correction of endothelial dysfunction in patients with arterial hypertension and coronary heart disease.

The report is devoted to the methods of treating endothelial dysfunction in patients with arterial hypertension and coronary heart disease. No conflict of interest declared.

**37. Khalashte Aidamirkan Askerovich** - postgraduate student of the Department of Hospital Therapy and Postgraduate Education of the Maykop State Technological University.

*Topic of the report:* Eating behavior in patients with NAFLD.

**38. Khorolets Ekaterina Viktorovna** - MD, PhD, Associate Professor of the Department of Therapy of the Rostov State Medical University, Ministry of Health of the Russian Federation, Rostov-on-Don.

*Topic of the report:* Risk factors in patients with acute myocardial infarction.

**39. Elgarova Liliya Vyacheslavovna** - MD, PhD, Associate Professor, Head of the Department of Propaedeutics of Internal Medicine of the Medical Academy of the Kabardino-Balkarian State University.

*Topic of the report:* Anemia in chronic kidney disease: modern methods of diagnosis and treatment.

The report is devoted to approaches to the diagnosis and treatment of anemia in patients with chronic kidney disease. No conflict of interest declared.